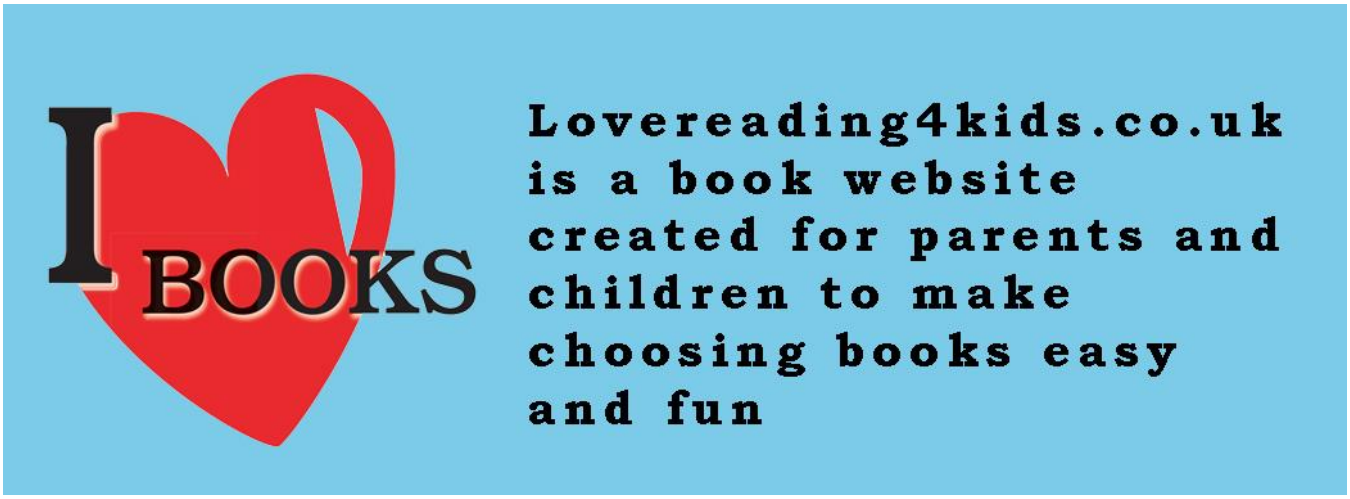


Opening extract from

The National Trust: 50 Things to Do Before You're 11 ¾

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50 THINGS TO DO BEFORE YOU'RE 11¾

nosy crow

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50 things to do before you're 11¾

Welcome to the great outdoors . . .

In this book, there's everything you need to have an excellent adventure! With help from kids all over the country, we've put together a list of great challenges; the ultimate 50 things to do before you're 11¾. Are you ready? Let's get exploring!

Who's it for?

Whether you're creative and crafty or you're an active explorer, this book is packed with activities that are fun for everyone! You can do them on your own, with your friends, or with your family. And you don't have to be under 11¾ – so don't leave the grown-ups behind!



Let's go!

You can do these activities almost anywhere you want – in your back garden, your local park or at a nearby National Trust place. To find somewhere near you, check out the 50 Things app or visit: nationaltrust.org.uk/50thingstodo

Note to grown-ups

We recommend that you use your own judgement about what is safe and suitable for your children, and supervise these activities where necessary. If your little explorers are handling animals, don't forget to put them back where they came from.

Meet the gang

First things first, there are a few people we'd like you to meet. Say hello to Craig, Rae and Mia . . .

CRAIG

Age: 7½
Likes: Running, climbing, playing . . . anything outdoors!
Dislikes: Spiders
Favourite activity: Roll down a really big hill
Explorer type: Active explorer

RAE

Age: 11¾
Likes: Photography, tennis and animals
Dislikes: Singing
Favourite activity: Bring up a butterfly
Explorer type: Animal lover

MIA

Age: 11
Likes: Growing her own vegetables and painting
Dislikes: Ketchup
Favourite activity: Plant it, grow it, eat it
Explorer type: Creative and crafty



These guys have all the know-how you need to complete your 50 things, so keep an eye out for them inside this book. They know loads of cool facts and have some great tips for exploring outdoors!

To find out your explorer type, try our quiz on page 12.

Using this book

So, now you've met the team, let's talk about how to get started on your 50 things. Easy, right? Just get outside and have fun! But don't forget to take this handbook – it's got all the tips you need for an amazing adventure, plus loads of other stuff to do!

Where to start?

You can start at the beginning, or do the activities in any order you like! And if you can't find what you're looking for, just turn to the index on page 94.

When you've completed an activity, sign your name and date at the bottom of the page – or stick a 50 things sticker over the circle. Stickers are available at participating National Trust properties.

Stick your sticker here / Stick your sticker here / Stick your sticker here / Stick your sticker here

Date

Signature

Scrapbook

There's notepaper at the back of this book, along with space to stick in your photos. That means you can use this as a proper explorer's journal and fill it with notes, drawings, doodles, memories and more!

Fun and games

When you're in the car or relaxing at the end of a busy day, why not check out the quiz and puzzles in the activities section, starting on page 78?



There's also a 50 things website and app, where you can upload pictures, tick off your adventures and find events and places near you. When you finish all 50 things, you can go online to claim your secret reward!

What sort of explorer are you?

You're about to start a big adventure. And like all great explorers, you'll discover new places, encounter wild beasts and travel great distances (well, you'll go on a few long walks). But have you ever wondered what sort of explorer you are? Take this fun quiz and you'll soon find out.

START HERE

You go for a walk with your family. Where are you in the group?

Reading the map at the front

At the back, looking for pawprints – there's a badger sett near here!

It's a rainy day. What do you do?

Stay in with a book

Grab your wellies – it's great puddle weather

You find some feathers on the ground. What do you think?

They're great for my art project

What's at the top of your rucksack?

Compass

Sketchpad

What's the first thing you do when you get to the beach?

Start looking for the perfect shell

Take your shoes off and jump right in!

You look around for a nest. What species could it be?

You come to a stream on your walk. What's your first thought?

Let's build a raft!

Let's look for frogspawn!

GADGET WHIZZ

You never go out without your gadgets and you've got the perfect app for everything. You're great to have on a trip and always have the facts at your fingertips – but don't be afraid to jump in and get messy from time to time.

CREATIVE AND CRAFTY

You love drawing in your sketchbook, making wild art and gathering materials for your scrapbook – and you're always full of fantastic ideas! But that doesn't mean you can't be adventurous at the same time!

ACTIVE EXPLORER

You're always full of energy and you're the first to try out any new activity – whether it's climbing a tree or rolling down a hill. Don't forget to notice the little details in nature while you're having all that fun!

ANIMAL LOVER

You just love animals, and could watch them for hours! Your quiet, gentle nature means you're good at seeing nature in the wild, but don't forget it's fun to be really LOUD and SILLY sometimes!