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created for parents and
children to make
choosing books easy
and fun

extracts from
**Calm with the Very Hungry
Caterpillar**

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Eric Carle

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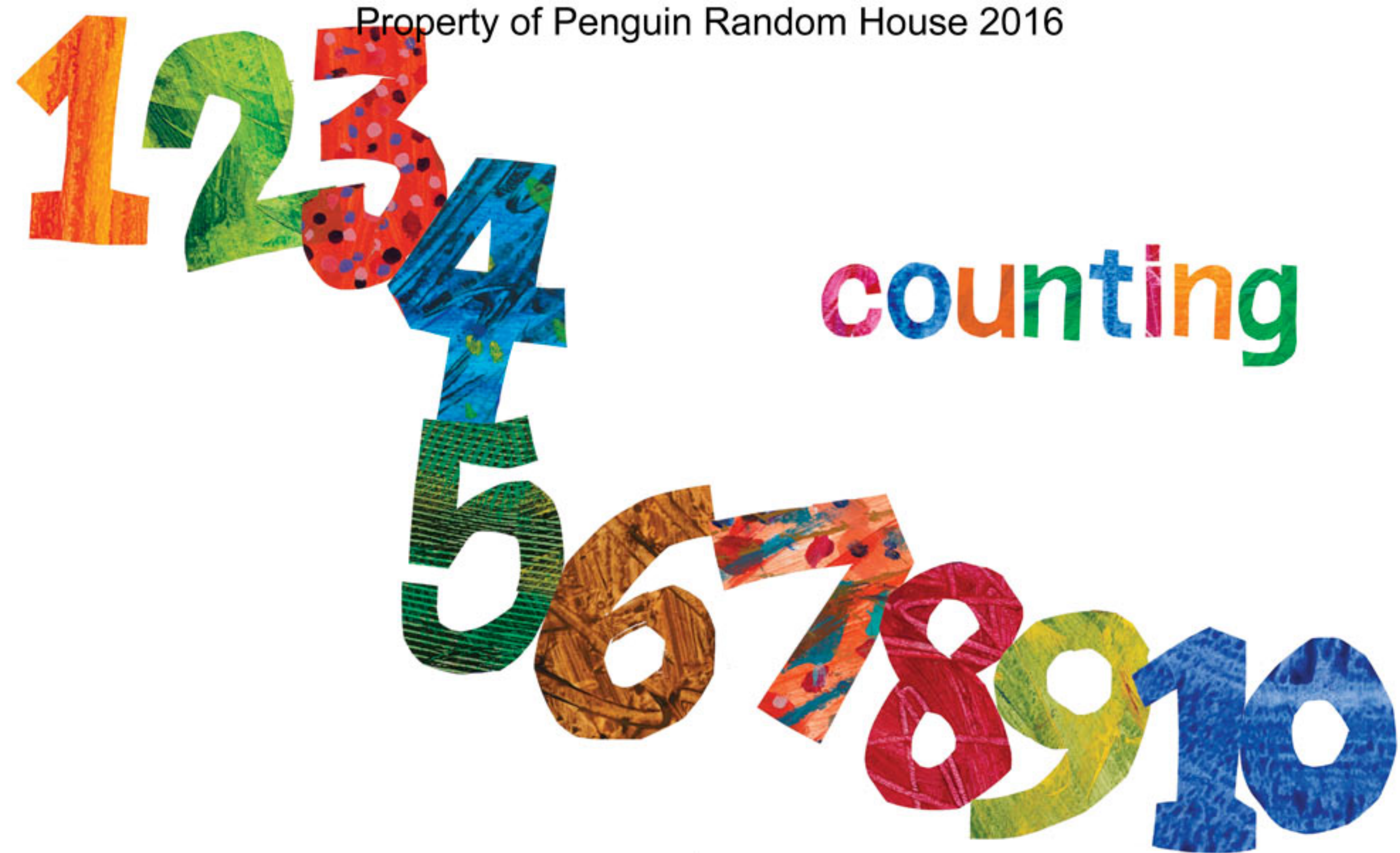
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breathe...





monkey mind

feels too busy . . .

