The best adventures are always shared.
On my walking stick are carved the initials of those
I've been lucky enough to journey with.



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EARTHLY

Life abord the St Thérèse was treacherous. Problems like the craggy shore and unpredicatble seas were centuries old while others, such as explosives, presented brand new danger. From cabin boy, to captain, it was all hands on deck.

READ about the shipwreck's earthly history and natural wonders, then turn back to the THE LOCATION. Looking through the RED lens, what can you see?



Commanding officer The Thérèse was the flagship of the fleet, meaning it carried the commanding officer and bore a special flag.



Cabin boy A young low-ranking member of the crew. He would have to run errands for the captain and keep watch in the terrifying crow's nest.



Ottoman soldier The Thérèse sunk while in the middle of a battle against the Ottomans who were from modern day Turkey.



Bronze cannon This ship had 58 bronze cannons on board. They were lined of on the long sides of the ship, ready for maximum impact in battle.



Gunpowder The ship sunk mid-battle when its own store of gunpowder exploded. Gunpowder is a dangerous explosive.



Prow of a ship The prow of a ship is usually decorated with a figurehead. This is a sculpture of a person, animal or mermaid.



Ancient Greek Pirates The word 'pirate' comes from Ancient Greek. This coastline has been plagued by pirates for millenia.



Compass and sextant These are crucial navigation tools help sailors navigate using the stars and find out



Rocks The coastline around this area is famous for having treacherous ship-sinking rocks hidden just below the surface of the water.

SUPERNATURAL

This coastline has been the playground for meddlesome gods, goddesses, monsters and spirits since ancient Greek times. Divine storms can be whipped up in an instant and ships can be blown hopelessly off course. Make sure you don't get enchanted by the beautiful singing of the sirens, or you may never make it home.

READ about the supernatural goings on in this place, then turn back to THE LOCATION. If you dare, look through the BLUE ghost-vision-lens to reveal the hidden horrors.



Poseidon The Greek god of the sea. Upset him and he will shake his trident and brew a ship-sinking storm.



Scylla and Charybdis From Homer's Odyssey, Scylla is a many headed monster who lurks opposite Charybdis, the whirlpool monster.



Aeolus In mythology, Aeolus was the keeper of the winds. He kept the 4 winds in a bag and would release one to cause a sea storm.



Sirens In Greek mythology, the sirens were creatures who lured sailors to their death by singing beautiful songs.



White horses Poseidon made horses from the white crests of waves. Sailors drowned horses to appease the god in return for calm waters.



Proteus AKA, the Old Man of the Sea. He can take many forms including a horse, a snake, or simply water. He can tell the future.



Leviathan A dragon-like biblical sea monster. It is the meanest creature in the sea and will only die when the world ends.



Kraken The kraken is a legendary colossal squid. It is said to be able to sink the biggest vessels and crush sailors in its tentacles.



Aspidochelone A medieval sea creature. It pretends to be an island, lures sailors to land on its back, then plunges them to their death.

WILD GARDEN CAMP

Sometimes, you don't have to go far to experience a wild camping adventure. On a warm summer's night as the stars come out in your garden, cooking your dinner over the campfire will still make you feel a thousand miles from home. It may not be really wild, but these ingredients — plus a few nocturnal animals — are sometimes all you need.

HOW TO MAKE A TEEPEE TENT

1. Collect eight or more long lengths of wooden pole. Bamboo works well.

2. Lash together three poles and form a tripod shape.

Tripod lashing

3. Add remaining poles to this frame and lash together at the top.

Leave a larger space for an entrance. Push poles into the ground to make it sturdy.

4. Wrap the frame with a large bed sheet, or two if needed.

Fix the sheet to the frame with pegs or bulldog clips.

MAKE A HEADTORCH LANTERN

Wrap a headtorch (facing inwards) around a large plastic milk bottle with water inside.

Use a campfire, ask where best to put it. On soil is better than on the lawn.

Make the most of rugs, cushions and duvets to hand.

GARDEN CAMP CHECKLIST:

* Make yourself a teepee, sleep in a hammock or put up a tent;
* Invite a friend or two to join you;
* Cook dinner over a campfire;
* Have a midnight feast;
* Make duvet sleeping bags (if you're short on real ones);
* Keep watch and listen for nocturnal animals;
* Have a cold wild shower;
* Invite the cat and dog to join you;
* Count shooting stars and explore the surface of the moon.

HOW TO MAKE A BED SHEET HAMMOCK

1. Fold the sheet in half lengthways.

2. Fold over end like this.

3. 30 cm from the end, tie a cord around three times.

4. Fold over the end and repeat the lashing to create a sheet loop.

Secure with two half hitch knots.

5. Repeat steps 2, 3 and 4 at the other end of the sheet.

6. With a rope or paracord, attach your hammock to trees via the loops.

HOW TO MAKE A DUVET SLEEPING BAG

1. Place a folded sheet inside a duvet so that blanket ties your cover losing.

2. Fold the duvet to blanket cover.

3. Put it inside a duvet cover. Keep it to one side and tuck the unused duvet cover underneath.

4. Fold the inner sheet over at the top.

5. Homemade sleeping bag

Cook your dinner over the fire using sticks.

Borrow some binoculars and explore the universe.

Keep a look out for your wild neighbours. You'll be surprised what comes into your garden at night.

OWL

BAT

HEDGEHOG

FOX