# RESPECT

## CONSENT, BOUNDARIES, AND BEING IN CHARGE of YOU

RACHEL BRIAN



wren & rook

TO MY THREE CHILDREN, LOLA, MILO & ENZO,
WHO INSPIRE ME WITH THEIR FIERCE UNIQUENESS,
BRING SO MUCH LOVE INTO MY LIFE,
AND OCCASIONALLY EVEN MAKE THEIR OWN CHEESE PLATES.

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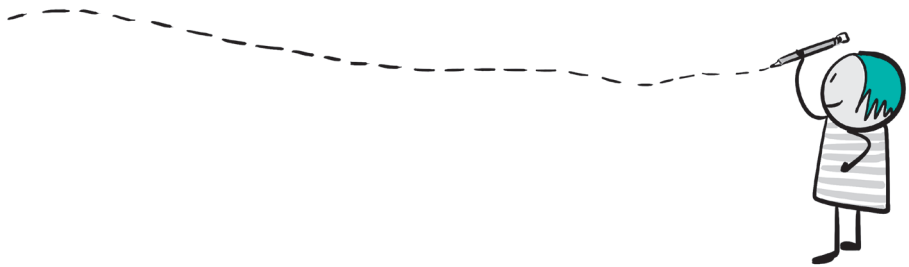
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# WELCOME!

THIS BOOK IS FOR YOU.




## BTW — THESE ARE ALL YOU.



OK, NONE OF THEM LOOK **EXACTLY** LIKE YOU.
(I HEARD YOU HAVE A NOSE.) BUT LET'S SAY THEY'RE YOU...

## WHAT THIS BOOK **CAN** DO:



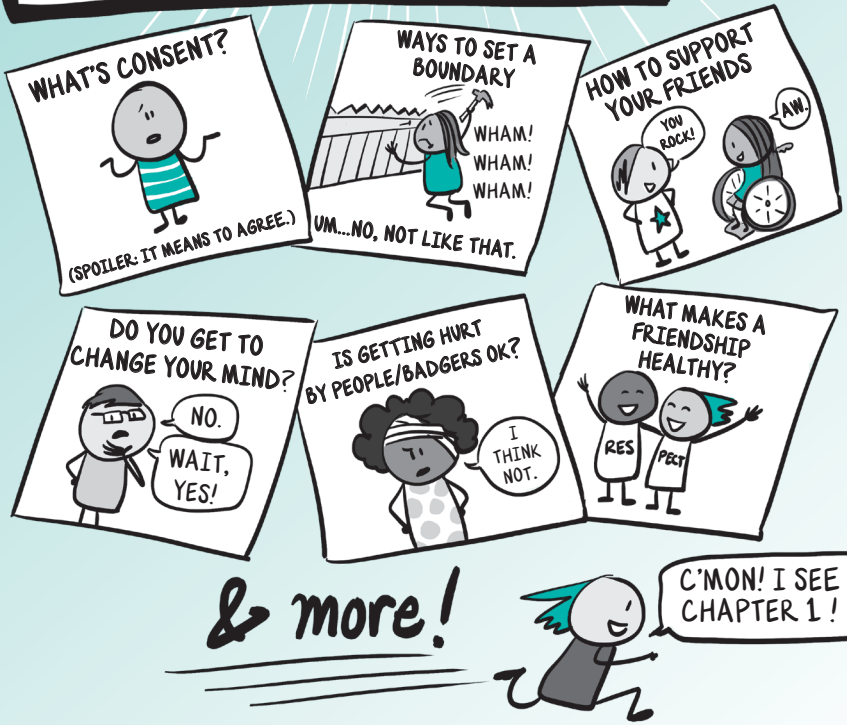

## WHAT IT **CAN'T** DO:



# WHAT'S INSIDE:




# THINGS YOU'LL FIND OUT:



chapter 1

# YOU RULE

AW, THANKS!

# CONSENT

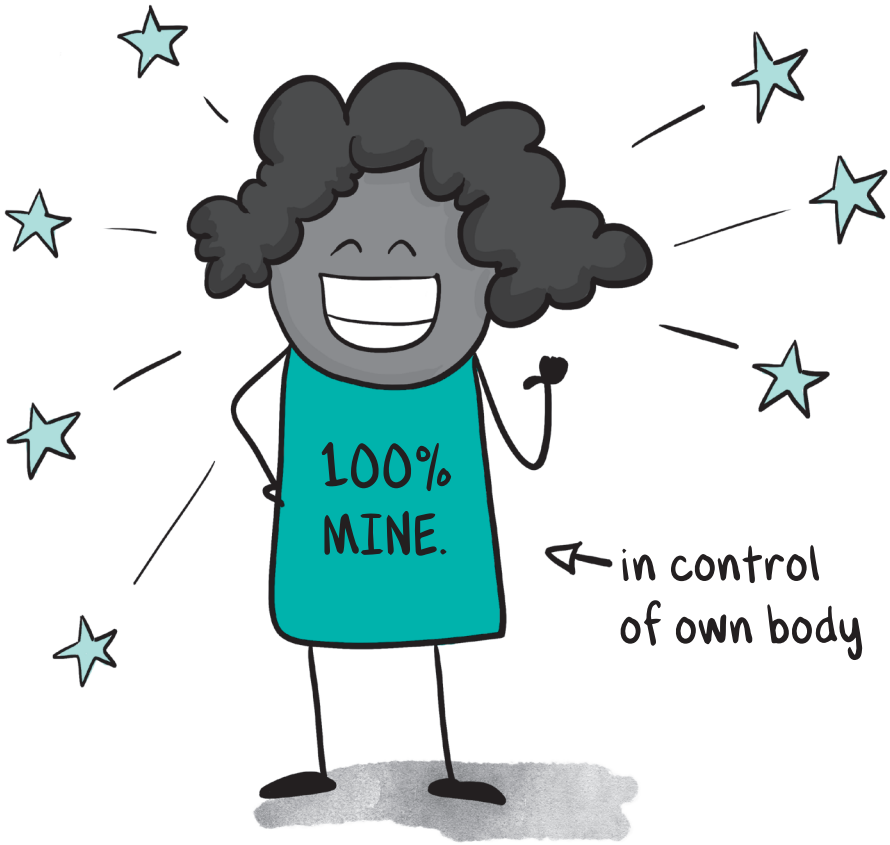
IT'S LIKE BEING THE RULER OF YOUR OWN COUNTRY.

POPULATION: YOU.



I hearby decree that I won't be doing any snuggling today.

# BEING THE RULER OF YOUR BODY MEANS:




# YOUR BODY IS YOURS.

AS A RULER...
YOU GET TO SET YOUR OWN
BOUNDARIES.



# A BOUNDARY IS A LIMIT.

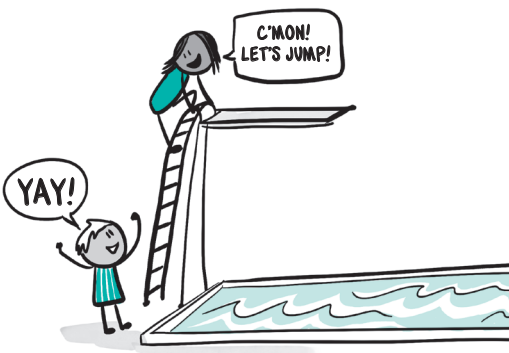
YOUR BOUNDARIES ARE LIKE A LINE BETWEEN WHAT YOU'RE COMFORTABLE WITH...





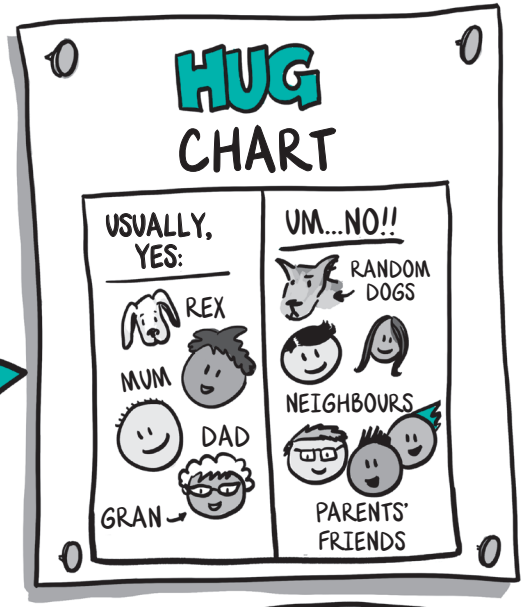





AND WHAT YOU ARE NOT COMFORTABLE WITH...
LET'S TRADE UNDERWEAR!
Ew, no.
WANT THIS FRY? I ONLY CHEWED IT A LITTLE.
NO THANKS!
LET'S GO TO MY NEIGHBOUR'S HOUSE!
UMM NO. LET'S GO TO YOUR HOUSE.
C'MON, LET'S JUMP!
LET'S NOT.

YOU MAY HAVE DIFFERENT BOUNDARIES for DIFFERENT PEOPLE







AND TIMES WHEN BOUNDARIES CHANGE.

# THERE ARE LOTS OF WAYS TO BE SOCIAL:




HMMM...
WHAT BOUNDARIES SHOULD I HAVE?
IT'S UP TO YOU.
OOOH... NICE!

# BODILY AUTONOMY means

HAVING A CHOICE ABOUT WHAT YOU DO WITH YOUR BODY.




SO WHEN AUNT GLADYS SAYS:



# YOU STILL DECIDE.

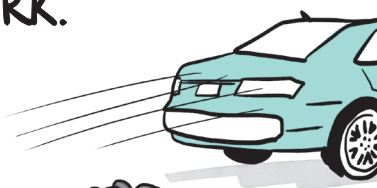


# OK, SURE...

THERE ARE TIMES WHEN WE DO STUFF TO KEEP OURSELVES OR OTHERS SAFE & WE DON'T GET TO DECIDE.

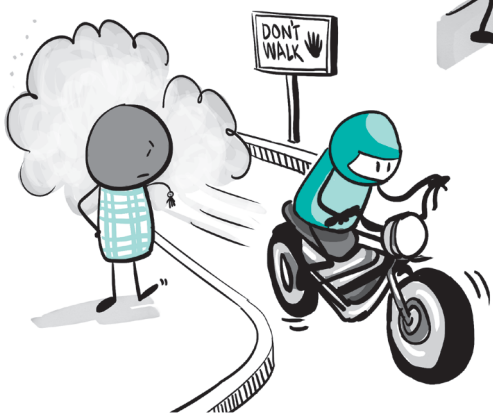


LIKE HOLDING HANDS IN A BUSY CAR PARK.






OR TAKING MEDICINE SO WE GET WELL.




OR WAITING FOR THE LIGHT SO WE CAN CROSS THE STREET.

# BUT YOU STILL GET TO HAVE A SAY...

