





One little word of warning: this book is *extremely* delicate, and is particularly sensitive to *silliness* of any kind.

We will be using this dial here to monitor very carefully for any dangerous levels of silliness. But it will be quite alright, because we have heard that **you** are actually very sensible and not at all silly.

You **Will** be sensible, won't you?
Whatever you do, just please make sure you don't think of anything *silly*. You know, like a pink elephant.

Hang on, no.

## Not elephants!

I meant *elephant*, just the one of them, you know, for you to stop thinking about.



