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PACIFIC OCEAN

ATLANTIC OCEAN

PACIFIC OCEAN

INDIAN OCEAN

Hola, konnichiwa, hello!

I'm penguin. I'll be your guide on this amazing journey through some of the world's greatest cities. See if you can spot me as I blend in with the locals and get stuck into some of the exciting activities each place has to offer!



San Francisco
Chicago
New York
Washington, D.C.
Mexico City
Toronto

Rio de Janeiro
Buenos Aires

Dublin
London
Amsterdam
Moscow
Paris
Berlin
Rome
Istanbul
Madrid
Cairo

Dubai
Mumbai

Cape Town

Beijing
Seoul
Tokyo
Hong Kong
Singapore

Auckland

Sydney

MEXICO CITY



Hola! (Oh-lah)

This vast, sprawling city in Central America was built by the Spanish on the site of the ancient Aztec city of Tenochtitlan. Today the Spanish and Indian communities have blended together to create a colourful mix of traditions and cultures.

COUNTRY Mexico
CURRENCY Mexican Peso

Language Spanish
Population 8.9 million

Mexico is famous for its lively parties or 'fiestas'. On the 2nd of November, The Day of the Dead, people remember friends and relatives who have died. Each family puts on a great banquet and lights candles to guide the spirits of the dead to the feast.

DAY OF THE DEAD FESTIVAL



CHAPULTEPEC PARK

ANGEL OF INDEPENDENCE



MEXICAN HAT DANCE



The ancient Aztecs were a bloodthirsty lot. They believed they had to sacrifice human lives to keep the sun gods happy and to help their crops to grow. They killed as many as 50,000 people a year (that's one every ten minutes!).

In Aztec times you could enjoy some of these tasty treats!

Aztec Shopping List

- 500g of ants (extra crunchy)
- 5 large lizards
- 1 mixed bag of frogs and toads
- 2oz of beetle grubs and caterpillars

AZTECS



PYRAMIDS OF TEOTIHUACÁN

To the north of the city you will find the mysterious pyramids of Teotihuacán. No one knows who built the pyramids but they became an important religious site for the Aztecs.



PINATA

is a clay or papier-mâché pot filled with toys and sweets. At festivals, blindfolded children take it in turns to try and break open the pots with a long pole, then race to collect the scattered sweets.



"ZÓCALO" MAIN SQUARE

Mexican food is a delicious blend of Indian and Spanish styles. The most popular foods are maize tortillas (a flat bread), beans and chilli.



THE BLUE HOUSE OF ARTIST FRIDA KAHLO



TORTILLAS, JALAPEÑOS AND GUACAMOLE

NEW YORK

Ellis Island was the gateway for millions of immigrants to the United States of America between 1892 and 1954. As they arrived they would see the towering Statue of Liberty. The statue was a gift from France, built in 1886 and represents the independence and freedom of America.



ELLIS ISLAND

ONE WORLD
TRADE CENTRE



BIG APPLE



EMPIRE STATE
BUILDING

Hi!

Did you know that New York City is known as 'The Big Apple' and that it used to be the capital of the USA? It also has one of the world's most famous skylines with towering skyscrapers like the Empire State Building and the beautiful Chrysler Building.

COUNTRY USA
CURRENCY US Dollar

Language English
Population 87 million



STATUE OF LIBERTY

'Lady Liberty,' as she is known, is so big that her nose alone is 4ft 6 inches long and she wears a size 87½ shoe!

WALL ST

The famous financial district of New York.



CHINATOWN



TIMES SQUARE

Broadway

CHRYSLER BUILDING



NEW YORK
HOT DOG

MANHATTAN

CENTRAL PARK



GUGGENHEIM
MUSEUM

STATEN ISLAND

BROOKLYN
BRIDGE

NYC



LITTLE ITALY

New York City is made up of 5 districts - Manhattan, The Bronx, Brooklyn, Queens and Staten Island. Manhattan sits in a natural harbour surrounded by water. New York City has many iconic attractions, from the bright lights of Times Square and Broadway, the home of musicals, to the world-famous Guggenheim Museum and New York Yankees baseball team.



THE BRONX

QUEENS

BROOKLYN

LONDON

MIND THE GAP

Buckingham Palace is the official London home of the Queen. It has an incredible 775 rooms, 1,514 doors and 760 windows!

SHERLOCK HOLMES

The Tower of London is one of the most haunted places in the country. The ghost of Henry VIII's second wife, Anne Boleyn, who was beheaded in 1536, has been said to walk around the tower carrying her head under her arm!

Hello!

In its 2,000-year history London has survived great fires, rebellions and plagues. Join me on my red bus tour as I have tea with the Queen, watch the changing of the guards and listen to tales of torture at the Tower of London.

COUNTRY England
CURRENCY British Pound

Language English
Population 8.7 million



The London tube is the oldest underground system in the world. During the Second World War Londoners slept in the tunnels to protect them from the bombing raids.

REMEMBER REMEMBER THE 5TH OF NOVEMBER!

In 1605 Guy Fawkes hatched a dastardly plan to blow up King James I and his parliament. The plot was uncovered just in time and is remembered each year on the 5th of November with fireworks and bonfires all across the country.

LONDON'S HIDDEN PAST

London was founded by the Romans in 46AD. The town was called Londinium and had fortified walls, baths and an arena where savage gladiator fights took place. Evidence of London's Roman past can still be found including skeletons and coins.



BUCKINGHAM PALACE



HOUSES OF PARLIAMENT

Big Ben is the name of the 15-ton bell inside the clock tower.



ST PAUL'S CATHEDRAL



TOWER OF LONDON

A traditional East End meal!



PIE AND MASH



PEARLY KINGS AND QUEENS



TATE MODERN

DID YOU KNOW?

For 600 years wild animals from around the world were kept in the tower, including a lioness called Elizabeth and a grizzly bear called Martin!



THE SHARD



TOWER BRIDGE



CUTTY SARK



LONDON EYE



WHERE CAN I GO?



CAIRO

Ahlan! (Ah-lan)

Exploring the ancient city of Cairo is like stepping back in time. Its narrow, dusty streets are a maze of mosques and shops selling everything from live chickens to tourist trinkets. Hitch a ride on a camel and go in search of the magnificent pyramids and treasures of the pharaohs!

COUNTRY Egypt

CURRENCY Egyptian Pound

Language Egyptian Arabic

Population 9.1 million



CAIRO MUSEUM

Come face to face with the gold mask of Tutankhamun, the famous boy pharaoh who ruled over 3,300 years ago.



The Ancient Egyptians built giant pyramids as burial places and monuments to the pharaohs (kings). The pharaoh's body was preserved through a process called mummification and buried deep inside the pyramid along with all sorts of things they might need to survive in the afterlife.



The Great Pyramid was built for the Egyptian pharaoh Kofu around 2540BC. It is the only wonder of the ancient world that still exists today.

THE GREAT PYRAMID OF GIZA

RIVER NILE

Every year the Nile River floods the land and helps the farmers' crops to grow. Without the Nile all of Egypt would be desert.



TAHRIR SQUARE



THE HANGING CHURCH



Watch the spectacular twirling dance of the Whirling Dervishes at the medieval citadel.

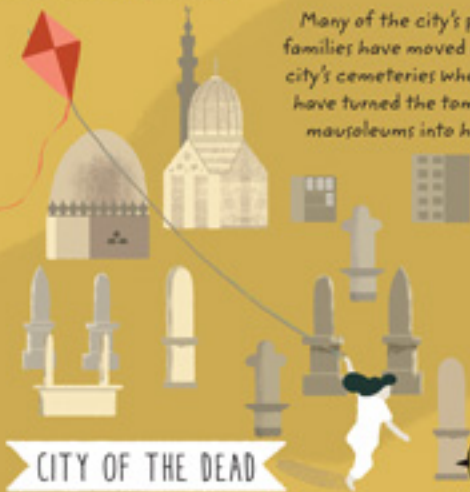


CITADEL



The domes and minarets of the city's mosques rise up into the sky. A minaret is a tall tower from which a muezzin (or crier) summons the people to prayer. The sound of this call floats across the rooftops and can be heard throughout the city.

Many of the city's poorer families have moved into the city's cemeteries where they have turned the tombs and mausoleums into homes.



CITY OF THE DEAD

ISTANBUL

Merhaba! (Mehr-hah-bah)

Istanbul is one the world's greatest and most ancient cities. Once a bustling trading port, the city has been the capital of the powerful Roman, Byzantine and Ottoman Empires. Visitors today come to haggle in its open-air markets and admire its magnificent buildings.

COUNTRY Turkey

Language Turkish

CURRENCY Turkish Lira

Population 15.5 million



BOSPHORUS

EUROPE

ASIA



Istanbul is the only city in the world that straddles two continents. Its western side is in Europe but hop on a ferry or cross the bridge over the Bosphorus River and you will find yourself in Asia!

GALATA

GOLDEN HORN



TOPKAPI PALACE

This is where the sultans (kings) once lived.

HAGIA SOPHIA



BLUE MOSQUE

A bazaar is the Turkish name for an open-air market. It contains many shops selling traditional items like carpets, silk slippers, exotic spices and a famous sweet flavoured with rose petals called Turkish delight.

GRAND BAZAAR



Popular Turkish foods include kebabs made from grilled lamb, hummus (a dip made from chickpeas) and baba ganoush (mashed aubergine).

HAMAM

Public baths or 'hamam' have been an important part of Turkish life for hundreds of years.



A simit is a round Turkish bread similar to a pretzel. Street sellers carry huge trays of them on their heads like this.



Istanbul has had many different names over the years including Byzantium, Constantinople and Stamboul.



MEZZE PLATTER

TOKYO

Konnichiwa! (Kon-ee-chee-wa)

Tokyo began as a small fishing village called Edo around 5,000 years ago. Today it is the capital of Japan and one of the biggest, most populated cities in the world!

COUNTRY Japan **LANGUAGE** Japanese
CURRENCY Yen **POPULATION** 9.2 (or 36!) million

Traditional Japanese outfits are called kimonos. The name kimono means 'thing to wear'.

MT FUJI

Mount Fuji is an active volcano and the highest mountain in Japan. On a clear day it can be seen from the Sky Tree.

MYTHS AND LEGENDS

According to ancient legends the city's rivers are home to a strange beast called a 'kappa'. A kappa is a turtle-like creature that enjoys kidnapping children and drowning swimmers. But don't worry, they can be won over by offerings of their favourite food - cucumbers!

1,000 CRANES

In Japan it is said that if you make a thousand origami cranes you will be granted one special wish! What would you wish for?

Origami is the Japanese art of folding paper to create objects or animals.

ORIGAMI

TOKYO SUBWAY

has 'train pushers' called oshiya who make sure everyone fits in!

SHIBUYA

The city's busy shopping district.

IMPERIAL PALACE

Where the Emperor lives.

TOKYO TOWER

KANNON TEMPLE

SKY TREE

SUMO

Sumo wrestling is a national sport where men with big tummies have to push each other out of a ring. Sumo wrestlers eat around 20,000 calories per day, that's up to ten times what an average person needs!

SUSHI

FISH MARKET

Sushi is the national dish of Japan. It is made from raw fish wrapped in rice and seaweed.

JAPANESE GARDEN

The cherry blossom ('sakura') is Japan's national flower and is a very important part of Japanese culture. Each spring the blossoming of the cherry trees is celebrated with special parties called 'hanami'.