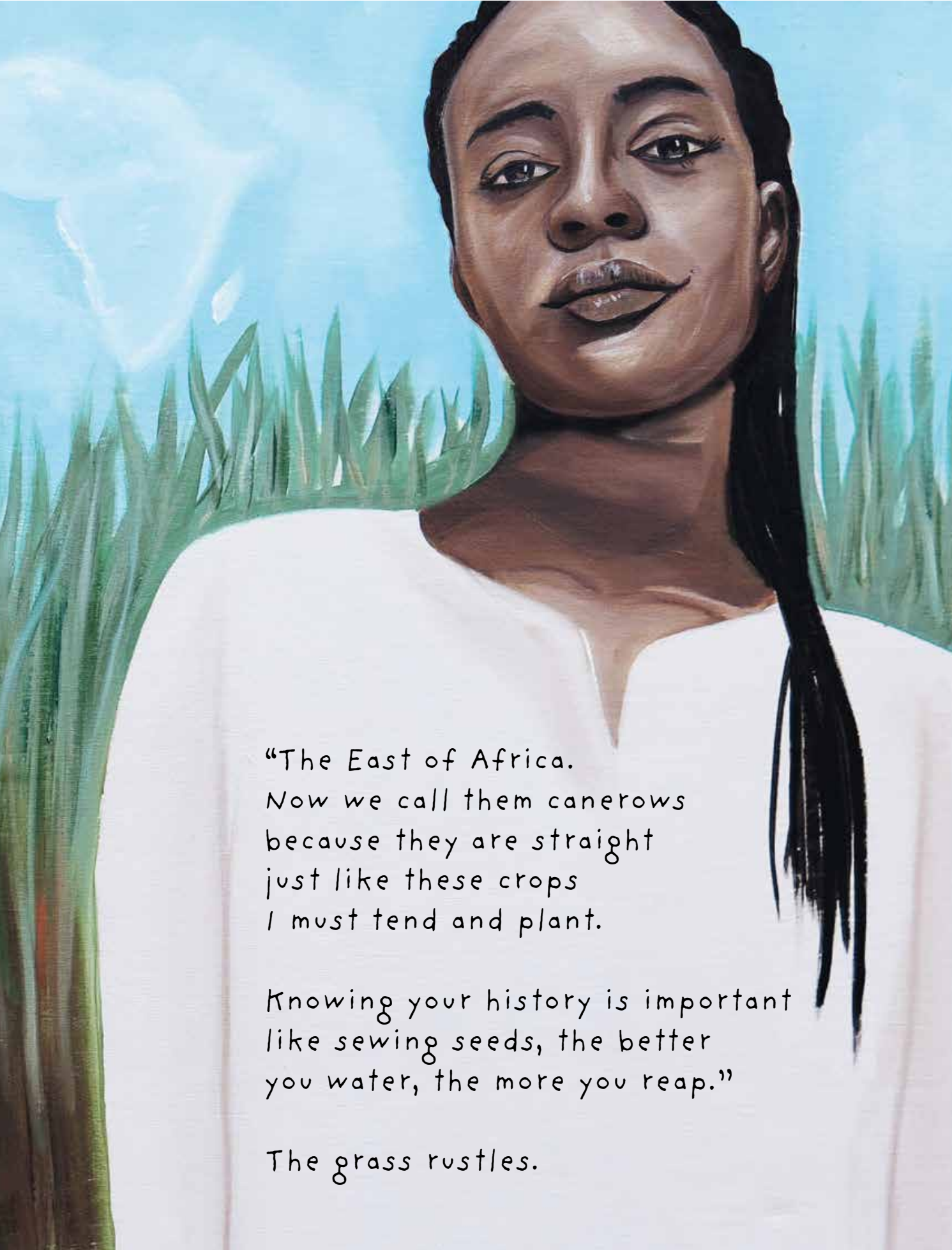


"I am a rasta. My hair is a lion's mane.
We believe all people are the same.
We believe in the unity of all living things.
That's why we don't eat meat.
I am a vegetarian."

"Me too!" remarks Sofia, "I love fruit,
especially apples, they are my favourite!"



"The East of Africa.
Now we call them canerows
because they are straight
just like these crops
I must tend and plant.

Knowing your history is important
like sewing seeds, the better
you water, the more you reap."

The grass rustles.

