WATER BOTTLES

The water in your tap is perfectly good to drink – so why do we buy so many plastic water and drinks bottles?

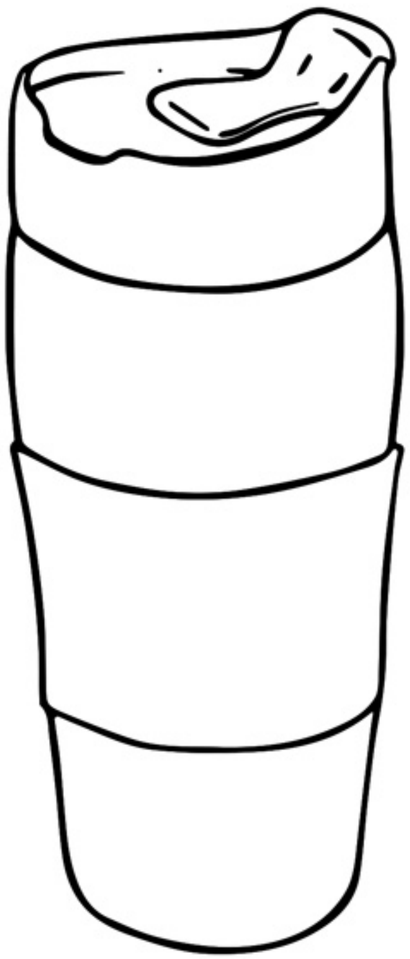
Bottled water first became popular in the 1980s. At the time, no one actually believed people would pay for bottled water when they could get it for free. But incredibly, they did!

Now, each year, people in the UK buy 7.7 billion plastic water bottles. Sadly, only 1 in 3 of those bottles are recycled. But that can be improved!

Instead of buying your water in a plastic bottle, get a reusable water bottle, such as a stainless-steel bottle. These are available in a range of colours, sizes and patterns, and will last you a long time. Alternatively, you can start by reusing bottles you already own. Think before you drink!

FACT!

Every minute, more than 1 million bottles of water are bought worldwide.



TIP!

You can also buy reusable milkshake and juice cups, which you can take to cafés or fill with your own homemade drinks.

CUT DOWN ON COFFEE CUPS

It's time to get adults to think before they drink, too. Have you ever been out in town and been amazed at how many people are drinking from takeaway coffee cups? They're everywhere!

But now many coffee shops give you a discount if you bring your own cup. So the reusable cup soon makes money sense as well as eco sense!

Right, it's time to test your maths skills. Fill in this quiz, show it to a grown-up, and see if they get the message.

1 A latte costs £1.80. Bring your own cup and you get 20p off. How much would your latte cost?

2 A reusable cup costs £1. But every time you use it you save 25p. How many coffees will you need to buy before the cup is paid for by the discount?

3 A filter coffee costs 99p. They give you 50p off with your own cup. How much would your filter coffee cost?