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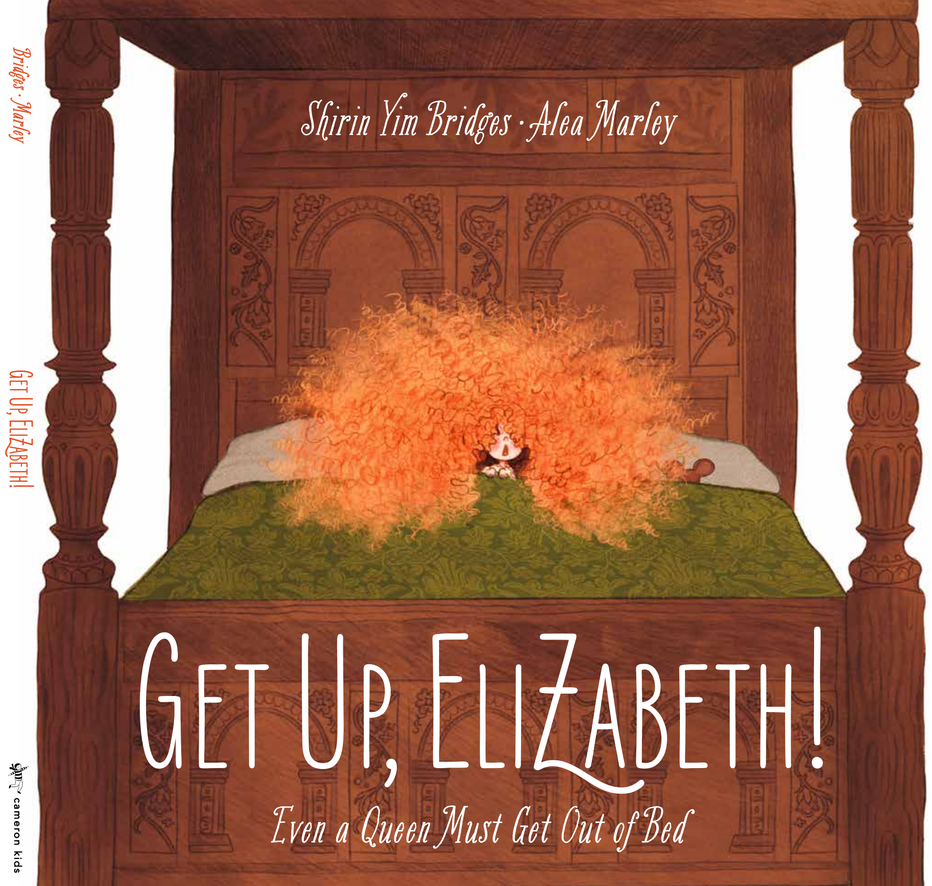
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GET UP, ELIZABETH!

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Shirin Yim Bridges · Alea Marley

GET UP, ELIZABETH!

Even a Queen Must Get Out of Bed

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Get up, Elizabeth! It's time for the future queen to get out of bed, scrub her face with almond paste, brush her teeth with soot, comb the tangles out of her unruly red hair, get dressed, and sit still while her ruff is sewn on and her sleeves are pinned. It's rough rising and shining every day—for queens and kids alike.



For my husband, Louis, just in case the Booker doesn't come.
–S.Y.B.

For my husband, Lewis.
–A.M.

The author would like to acknowledge the invaluable assistance of *The Private Lives of the Tudors* by Tracy Borman and *The Time Traveler's Guide to Elizabethan England* by Ian Mortimer in the writing of this book.

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GET UP, ELIZABETH!

Shirin Yim Bridges *Alea Marley*





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Get up, Elizabeth!
Get out of bed!
There's a big day ahead of you,
So wake up, sleepyhead.

Off with your nightgown,
And on with your smock!
Time waits for no one,

Ticktock,

ticktock.





Let's get stockings on you
Before you catch cold.
I'll help tie them on, Bess,
If you'll only just hold—