We feel excited

Yippee! Hurray! What are the animals looking forward to today?




We feel happy
What are the animals happy about?
Making new friends
Weeeeee!
Count the sunflowers
Playing outside
Painting a picture
Woohoo!
Having fun with friends!
Exploring
It's got SIX legs!
A good joke!
Hahahaha
Happiness can be a hug from someone special
Reading my favourite book makes me happy
Storytime
Playing with their toys
Helping others
Sometimes we cry because we feel happy too
I love singing
Music!
Hula Hooping!
lalalala
Dancing!
Baking!
We feel happy when we do things we like
Smile and other feel happy
CHEEEESE!
What makes you jump for joy?
Trampolining!
Eating ice cream!
Being kind
What makes you feel happy?


We feel scared
Why do the animals feel scared?
Thunder and lightning can be frightening
But soon there will be a rainbow
I don't like the loud noises
Look at the pretty colours instead
Focus on the positives
Things that make us feel scared might not be scary at all
oooooOOOOOwwwwHHH
what is that noise?
Hello!
Look! Sloth is saying hello!
First day at school
what if I don't make any friends?
Yay!
I'm scared
Sometimes we can feel scared and excited at the same time
The dark seems scary, but ...
The sky is full of stars, so it's never truly dark
This story is scary
If we close the book they will go away
I haven't jumped before!
you can do it!
we all feel scared sometimes!
Talking to someone about what scares you can make it less scary
I'm scared of spiders!
Look closer, he's friendly!
don't worry, they will be back soon
Sometimes we feel scared when away from our loved ones
I've had a bad dream
Try and think of something happy instead
We all have bad dreams sometimes
What helps you feel less scared?