

MR. MEN LITTLE MISS Worries

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Original concept by
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With grateful thanks to
Dr. Elizabeth Kilbey

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This is a story about being worried.

Mr Worry worries about everything.

He worries about things that may happen and things that may not.

He worries about himself and he worries about his friends.



Do you ever feel worried?

Everybody worries sometimes. Not just Mr Worry.

Little Miss Helpful worries when she tries to help
and things go wrong.

But sometimes the most wonderful things happen
by accident!

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Mr Small worries that he may be ignored because he is small.

But have you ever heard that the best things come in small packages?

And Little Miss Shy worries that she is missing out on all the fun.

What do you worry about?

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It is normal to have worries.

When Mr Worry feels worried, it sometimes starts with a funny feeling in his tummy.

A fluttering that spreads to his chest and makes his breathing fast.

Then he finds he can't stop thinking about his worry.

Poor Mr Worry.

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