IMAGINE GROWING IN MORE WAYS THAN YOU THOUGHT POSSIBLE.

THIS WILL HELP YOU FIGURE OUT WHERE YOU WANT TO GO...

...WHERE YOU'RE AT NOW...

...AND HOW TO GET TO WHERE YOU WANT TO BE.

WORLD-CLASS INSIGHT AND TOOLS. MADE REAL.

IT'S BEEN WRITTEN BY PEOPLE FROM A VARIETY OF BACK-GROUNDS.

PEOPLE WHO'VE BEEN THERE AND DONE THAT, TOGETHER WITH PEOPLE WHO ARE STILL FIGURING IT OUT.

IT'S PACKED FULL OF SUGGESTIONS. SOME OF IT WILL WORK FOR YOU AND SOME WON'T. WE'RE ALL DIFFERENT. TAKE WHAT YOU NEED.

#1 MUM

THIS BOOK IS AN INTERACTIVE PERSONAL GUIDE, SO DRAW AND WRITE ON IT.

08

START

THERE'S PLENTY OF SPACE TO MAKE IT YOUR OWN.

CREDSTART

CATS

06 POP UP DO

05 KC

04 JETTS

03 FLEX

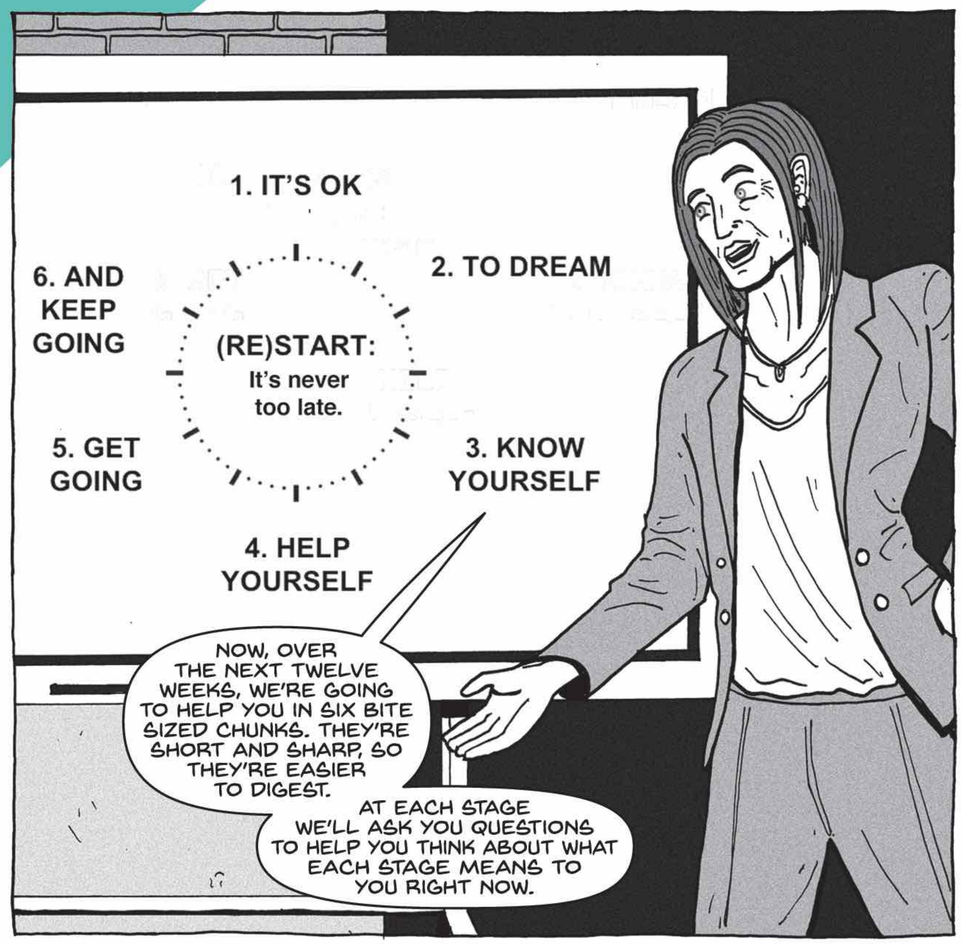
02 JAJUR

01 POP

6 BITE SIZED STEPS

TO REALISING YOUR DREAM





THIS IS YOUR JOURNEY

YOU'RE IN CHARGE









YAS!

Late night shift again! Omar is with the neighbours, will be back before you read this!

ATTACK OF THE SUPER YASHIN

19:00

21:00

BANG!

IT'S ONLY US!*

*TRANSLATED FROM PASHTO.

SLAM!

HOW WAS THE COURSE?

OH, IT WAS INTERESTING. SOME REALLY USEFUL ADVICE.

YOU MAKE ANY FRIENDS?

MAYBE. IT'S ONLY BEEN ONE SESSION. THOUGH THERE'S A GIRL CALLED TASH. WHO SEEMS NICE.

WHAT YOU WATCHING...?

I UM... MUST HAVE FALLEN ASLEEP AND IT TURNED OFF.

GOOD GOOD.

COME ON, SLEEPYHEAD. YOUR MOTHER'S COOKING ***ENGLISH*** TONIGHT.

A ROAST DINNER?

NOT SURE REALLY, THERE'S JUST AN AWFUL LOT OF ***BEIGE*** ON THE COUNTER!

I'LL BE DOWN IN FIVE...

PUSH