

IMAGINE GROWING IN MORE
WAYS THAN YOU THOUGHT
POSSIBLE.

THIS WILL HELP YOU FIGURE
OUT WHERE YOU WANT TO
GO...

...WHERE YOU'RE
AT NOW...

...AND HOW TO
GET TO WHERE
YOU WANT TO
BE.

WORLD-CLASS
INSIGHT AND
TOOLS. MADE
REAL.

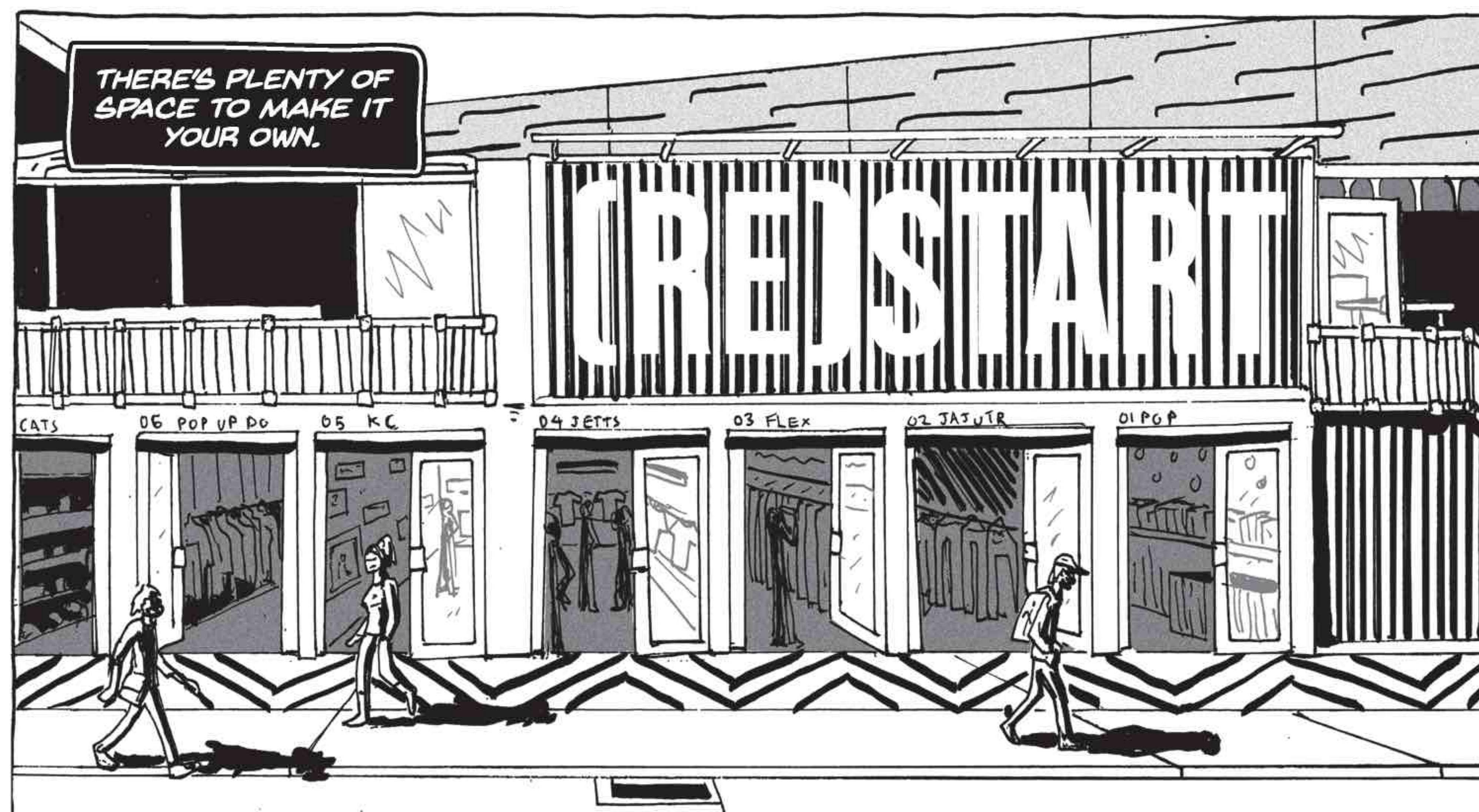
IT'S BEEN WRITTEN
BY PEOPLE FROM A
VARIETY OF BACK-
GROUNDS.

PEOPLE WHO'VE BEEN
THERE AND DONE THAT,
TOGETHER WITH PEOPLE
WHO ARE STILL
FIGURING IT OUT.

IT'S PACKED FULL
OF SUGGESTIONS.
SOME OF IT WILL
WORK FOR YOU
AND SOME WON'T.
WE'RE ALL
DIFFERENT. TAKE
WHAT YOU NEED.

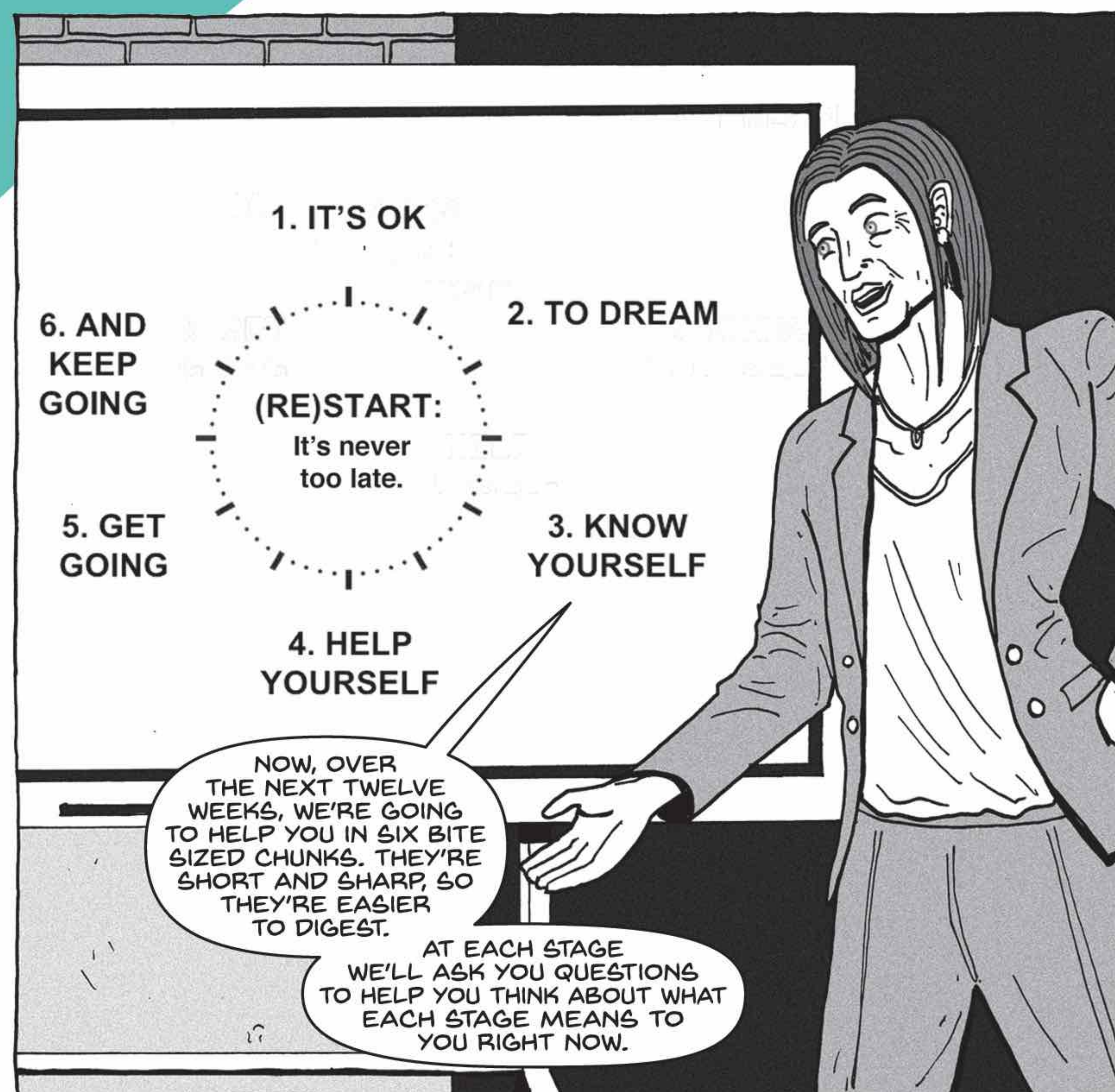
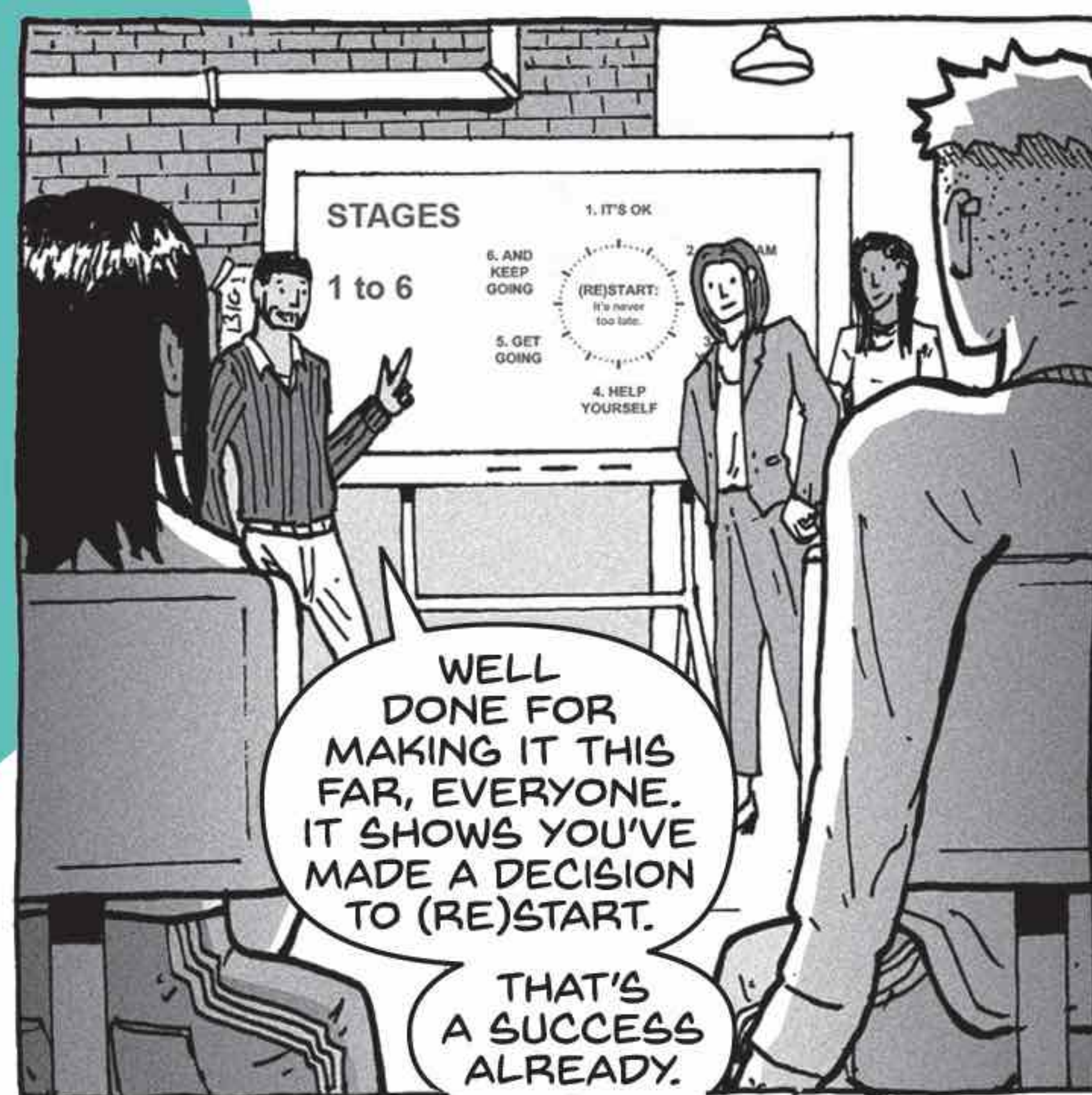
THIS BOOK IS AN INTERACTIVE
PERSONAL GUIDE, SO DRAW AND
WRITE ON IT.

THERE'S PLENTY OF
SPACE TO MAKE IT
YOUR OWN.



BITE SIZED STEPS

TO REALISING YOUR DREAM



THIS IS YOUR JOURNEY

YOU'RE IN CHARGE

