follow my food

For Matthew DC

For Thomas and Leo JG

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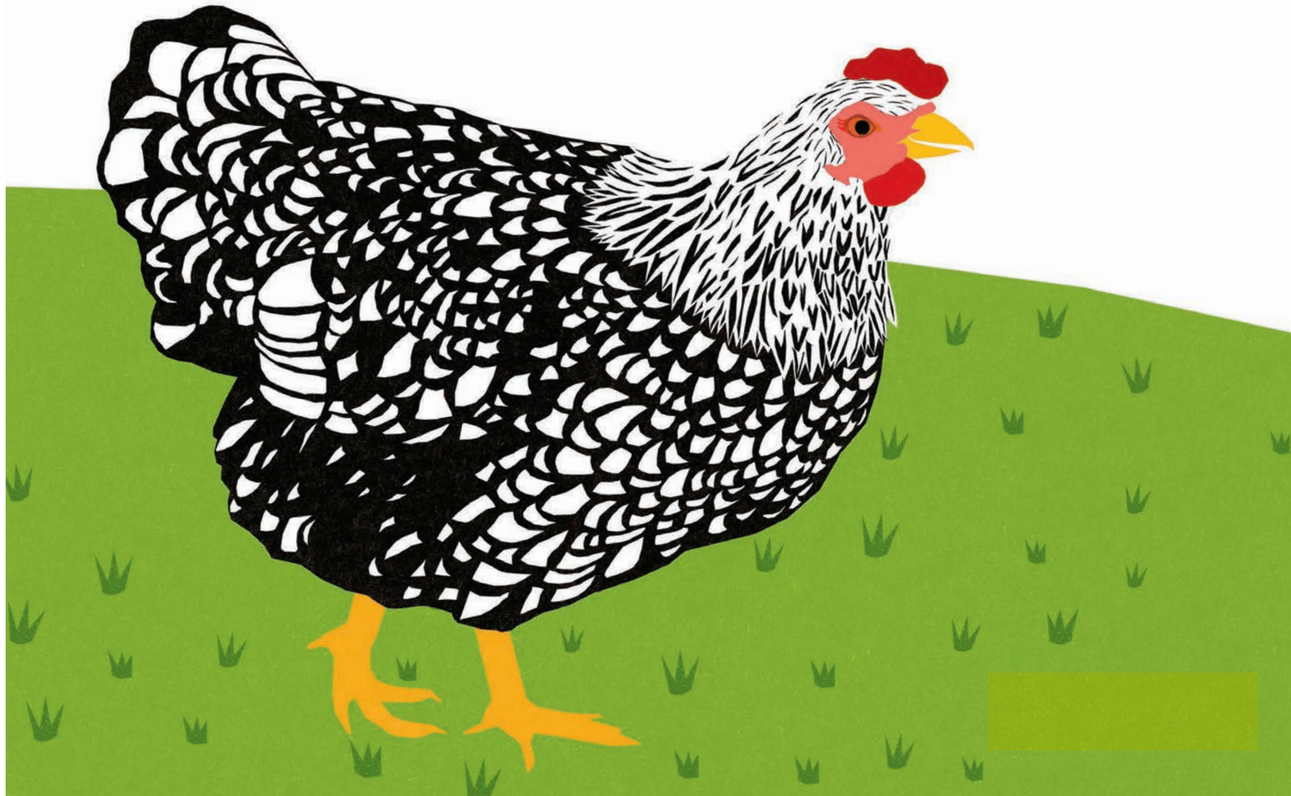
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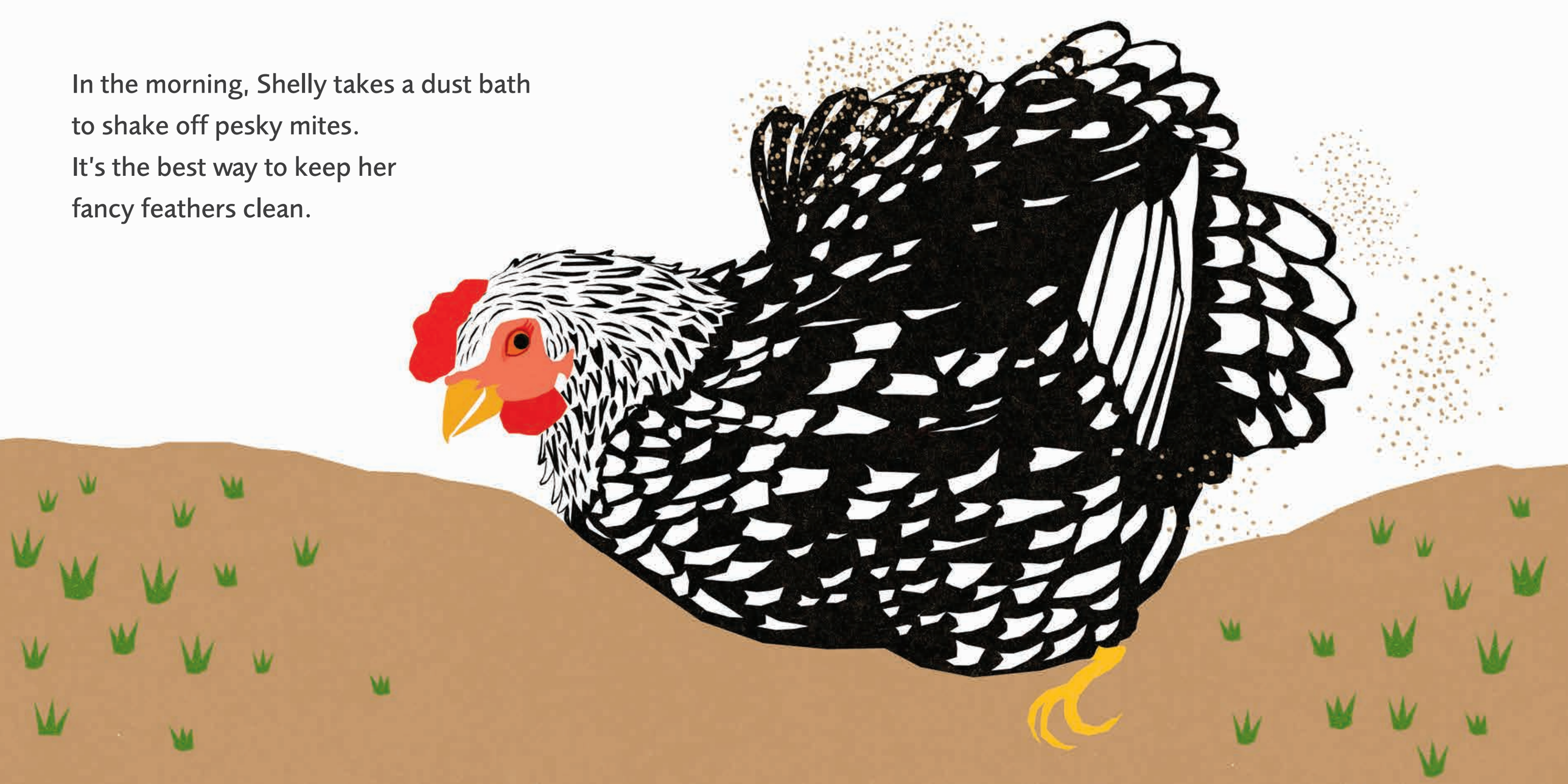
Shelly Hen lays eggs



Shelly is a happy and healthy free range hen.
She roams about outside and lays the
loveliest eggs.

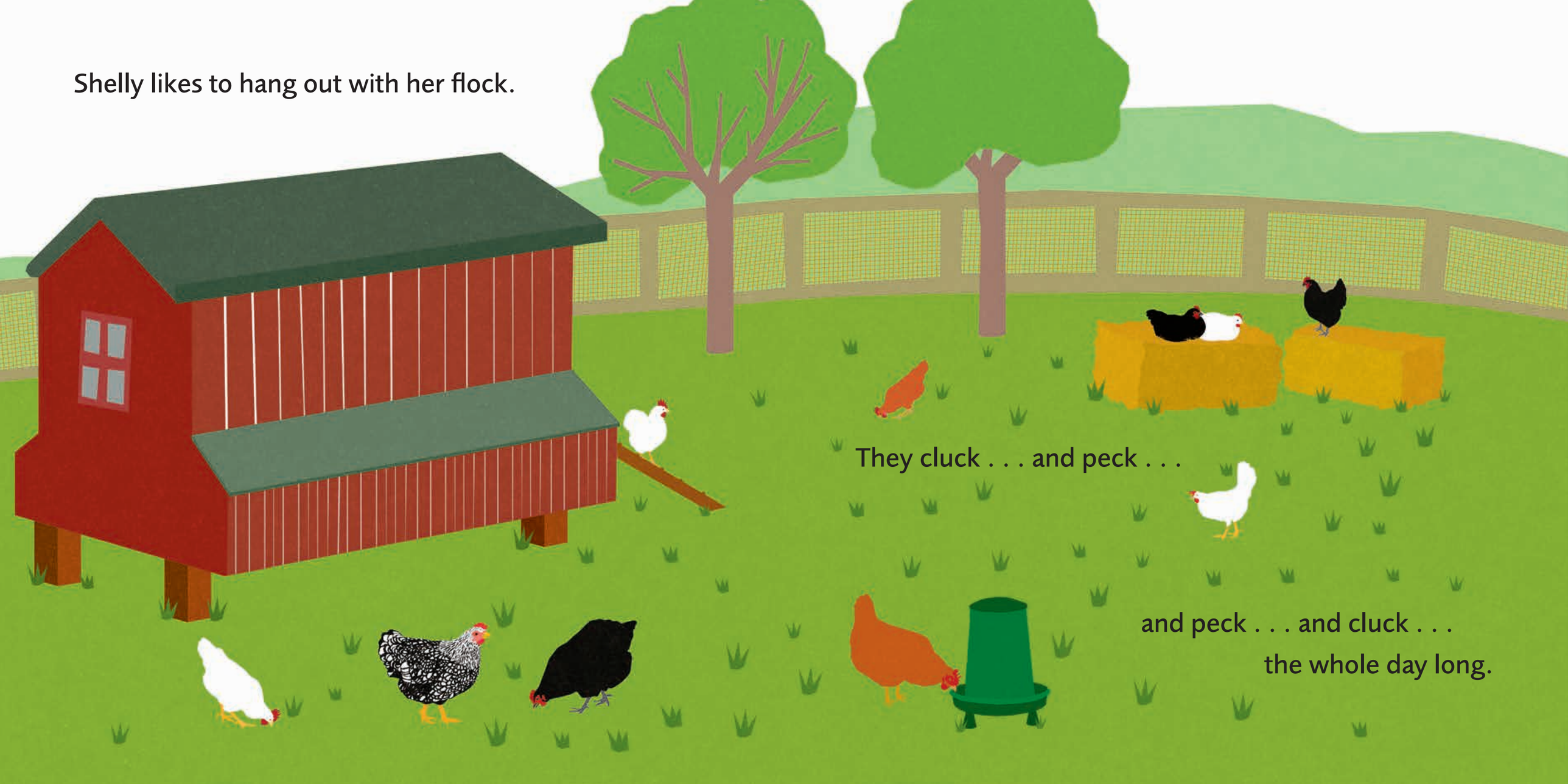


In the morning, Shelly takes a dust bath
to shake off pesky mites.
It's the best way to keep her
fancy feathers clean.





Then Shelly pecks the ground,
searching and scrabbling for juicy
bugs and appetising herbs.


Shelly likes to hang out with her flock.
They cluck . . . and peck . . .
and peck . . . and cluck . . .
the whole day long.