For Kyla, who is
(almost) ten tins tall
NK



We haven't taken any half measures with this book. All the facts and figures are based on an average five-year-old child in the Western world.

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Measuring ME!



by Nicola Kent

And my body contains enough

water to fill...



...all of

these!



Even when I'm standing still,

my body gives off enough energy

to power a **light bulb!**

