



I SHINE like THE SUN



Sow the seeds of SELF-BELIEF at an early age with this book of positive affirmations, helping children develop a deep LOVE and RESPECT for themselves and their planet.

*"I look in the mirror and love what I see –
I am the one and only ME."*



www.mamamakesbooks.com

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Daily affirmations to build self-esteem in a new generation





Children's early beliefs about themselves can form the patterns of their lives. Through affirmations, this book aims to give children a sense of well-being as they grow and learn to navigate the world around them. They will be introduced to some key elements—including the Sun,

Moon, and Earth herself—coupled with simple yet inspiring phrases to create a positive understanding of themselves and their world.

Alice Alderman

For Stanley and Lola—keep on shining!



I Shine



Like The Sun.

I AM PRECIOUS!



LIKE THE EARTH.

