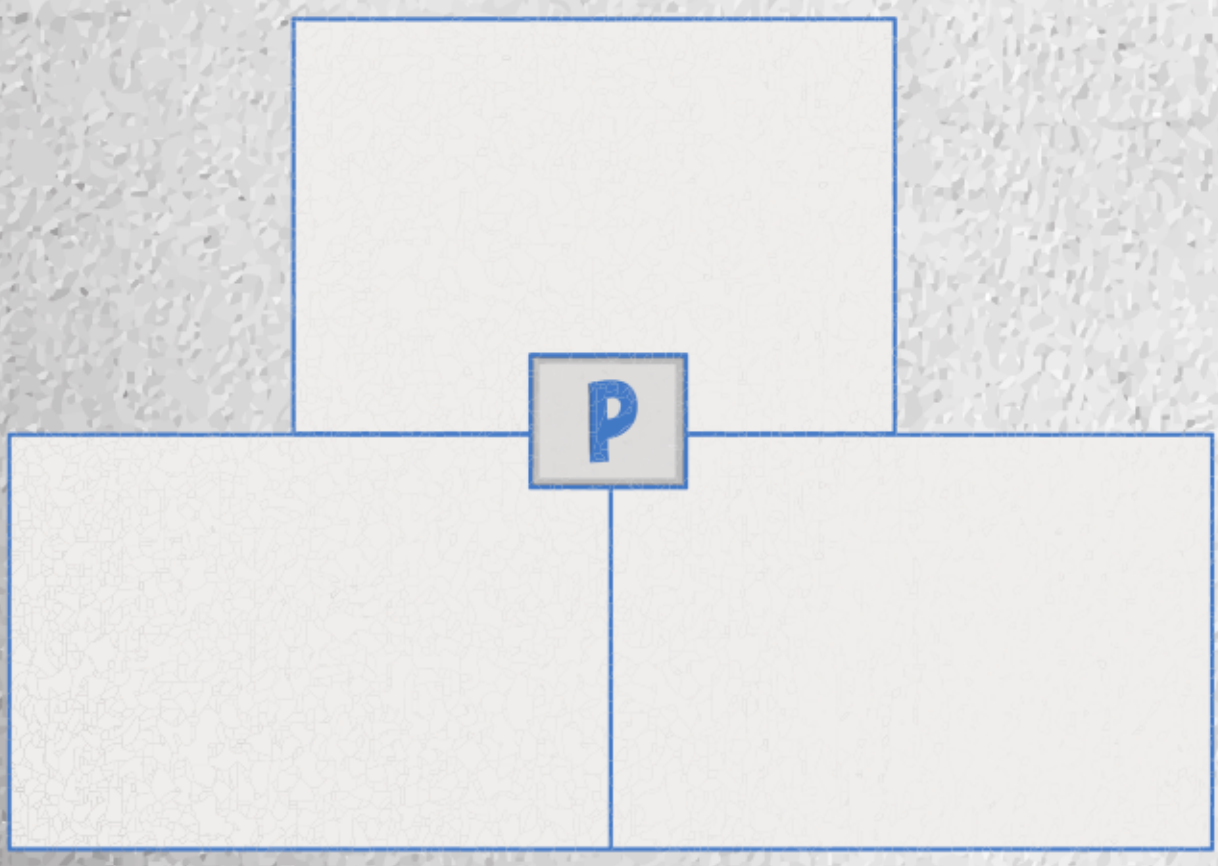
Team talk



Put the names of people you can go to for help in my wall below. These can be people at home and school, leaders in clubs or activities, friends and family. This wall is a foundation. Do you know what that is? It's a strong base to build from. It keeps everything secure and stops things from falling down. That's what a strong team can do too. They are there to support us and hold us steady.

So, who is in YOUR team? Draw them or write their names in the wall below.



If you find this task difficult and are struggling to think who to go to for help, that's OK. You can print out my Persisto badge below. My badge can be used if you need help. It's kind of like a bat signal, except I am so much cooler than Batman!



How it works

Talk to your teachers or grown-ups. Agree that if you need help, you will put the badge on their desk (or table if you're at home), so they know you need a bit of assistance with something. Pretty cool, eh? It stops you having to put your hand up if you feel a bit nervous about doing that and lets the grown-ups know you need some help.



Time to keep building your team. Remember the words **INSPIRE**, **ENCOURAGE** and **HELP** we looked at earlier?

What else are you looking for in your team? Add some of your own in the empty speech bubbles.

