

Helping your children choose books they will love



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created for parents and children to make
choosing books easy and fun

opening extract from

Baby Gym: Touch and Tickle

illustrated by

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Two Little Eyes

Two little eyes to look around, *Stroke gently above baby's eyelids and around eyes.*
Two little ears to hear each sound, *Massage around the rim of baby's ear.*
One little nose to smell what's sweet, *Stroke down baby's nose from top to tip.*
One little mouth that likes to eat! *Trace a line around baby's mouth with your fingertips.*
And eat and eat and eat.... *Nuzzle baby's tummy.*

Always hold your baby safely. Keep baby warm.
Always leave at least one hour between feeding your baby and massage.

