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Opening extract from

Maggie and Rose: This Book is Totally Rubbish !

Written by

Maggie Bolger

Published by

Walker Books Ltd

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Eco Superhero Outfits

Every eco superhero needs a proper eco superhero outfit! Maggie has discovered a great way to make outfits for all her friends.

STUFF TO USE

- Newspaper
- Pencil
- Scissors
- Sticky tape
- String

The Mask

First you'll need a mask, which will absolutely stop people knowing who you really are!

1. Draw a mask shape onto a triple layer of newspaper. Make sure the eye holes are big enough and far enough apart for you to see out of. Cut out the three layers of mask.



2. Carefully tape the edges together with sticky tape.



3. Use a pencil to poke a hole in each side of the mask.



4. Cut two lengths of string, each long enough to wind around your head. Thread each one through a pencil hole and tie a knot around the outside of the mask to secure it.



Now, tie the mask onto your head!



The Cape

Second you'll need a cape, because all eco superheroes wear capes. It's a rule. They just do!

1. Take two large pieces of newspaper and tape the edges together. This will make your cape stronger.



2. Take the top two corners and scrunch them up as shown. Wind some string or sticky tape around each corner to make sure it stays scrunched up.



3. Measure out two lengths of string. Each one should be long enough to wrap around the top of your arm twice. Make arm holes by tying the two pieces of string to the two scrunched up corners.



4. Paint a recycling sign on your cape.



STUFF TO USE

- Newspaper
- Scissors
- Sticky tape
- String
- Green paint

Remember: eco superhero capes cannot make you fly. Only aeroplanes and helicopters can do that and they don't wear capes, do they?



Eco Train

Oscar's mummy has just had a delivery and it came in lots of boxes. This has given Oscar and Bentley an idea – they are going to make a train to collect recycling in. Oscar likes trains because they are fast. Bentley likes trains because they remind him of a string of sausages.

STUFF TO USE

- 4 cardboard boxes
- Sticky tape
- Old magazines
- 16 paper plates
- Bottle tops
- Tin foil
- Glue
- String

1. To make the driver's cab, fold in the top and bottom of one box and sticky tape them down.



2. Decorate the cab by gluing pages from old magazines to the outside, like wallpaper.



3. Make four wheels for your cab using paper plates decorated with old bottle tops and bits of tin foil. Stick your wheels onto the cab with glue.

4. Now make some carriages for your train. Make them in the same way as you made the driver's cab, but this time only fold in the top of the box and leave the bottom so they will hold your recycling. That's the really clever bit. Decorate your carriages and add wheels.



5. Write on the side of each carriage what it will hold: paper, glass, plastic.



6. Join the carriages together by firmly attaching string with sticky tape. Make sure your driver's cab is at the front.



