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Opening extract from Let's Look in Woods & Forests

Written by Caz Buckingham & Andrea Pinnington

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NOODS & FORESTS



HOW TO USE THIS BOOK

Woods and forests are exciting and mysterious places. Many of the animals in them are shy, so tread quietly if you want to see them. Never pick or eat anything you find as it may be poisonous. Use this guide to...



...read about some fascinating forest dwellers and discover what is so amazing about them.



...take outside with you to see what you can find and identify, then tick off the things you see.



...have fun playing with the stickers on the fold-out woodland play scene at the back.



Know your leaves

Most evergreen trees have slender leaves called needles. Trees that lose their leaves in winter have bigger, broader leaves. Here is a guide to some of the most common leaf shapes.



Fruits of the forest

In the autumn, forests are full of food for animals to eat. This helps them survive through the winter, when food is scarce. Never pick or eat forest plants – they could be poisonous.



Acorns

These small nuts

such as birds and

squirrels, eat them.

come from oak trees.

Many forest animals,

Blackberries Watch the berries ripen from August to September, turning green, then red, then black.



Fungi Fungi grow out of the ground or on trees. Some are edible but many are poisonous.



Hazelnuts Squirrels love these nuts and store them in the autumn to eat in winter. Wild strawberries These small woodland plants like shady places. The berries ripen from May to July.



Cones

Cones are from conifer trees. They start off green and then turn brown before they fall.



Sycamore seeds Try spinning these papery winged seeds into the air on a blustery autumn day.